## **READING WILL CHANGE YOUR LIFE**



READING IS THE GATEWAY TO A NEW LIFE

"If you are sick and tired of being sick and tired, then you need to change. You should pick up a book because therein lies the knowledge and change."

Gloria G. Lee, American author, 1945

The Key to life is change. If you want a good life then you must be capable and willing to change. If I ask you, do you want people to like you or do you want a better job you will probably say yes? If you do say yes to these questions and you strive for the results then you must be capable of change. For it is a given fact that if you change the way you think and you will change your life. Take the young man who just graduated from high school. He has a job at McDonald's. His friends tell him working at McDonald's is a do nothing job. After listening to his friends for a while, he accepts his friend's appraisal of his job and he quits. Finding himself idle, he begins to hand out on the street corner. Finally, one of his buddies comes up with the bright idea to rob a liquor store. He follows and robs the store the next day. Soon he is arrested and charged with armed

robbery and murder. He is convicted and off he goes to prison. The store owner was killed. He had no idea his friends was carrying a gun.

Our thoughts and emotions are shaped by the way we think and the way we think is framed by the information we receive from others. A good filtering process is necessary to keep ones thinking healthy. The young man above did not use his filtering process so his thinking was shaped by negativity and he met with poor results. We must consider the information we receive from others. One way of balancing the information we receive from others is reading. Reading opens the door to knowledge. Knowledge opens the door to the imagination and imagination opens the doors to a better life. Change your life for the better and begin reading.

Men and women cannot live better without changing the circumstances of their life and you cannot change the circumstances of your life without new and reliable information. Reading is your way to better circumstances. Your mood will change with reading. Hope will abound in your spirit when you read. A better life will seem possible with reading. Take time for yourself and read. Life is too short for you to let life pass your by because you lack the knowledge that will come from reading.

There is one change you must accept that you have to make in life if you truly want to survive as a human being and that change is reading. Knowledge comes from reading. Understanding comes from reading. Tolerance and forbearance comes from reading. If you do not read, you have effectively isolated yourself from every other human being on this planet. So today you should decide to make a change.

Either you need to learn to read, or once you learn to read you need to continue to read. And if you already know how to read you need to pick up a book written by your fellowman and find out what this person is thinking.

Reading a book is the biggest change you will ever make in your life. One word or one experience from a book can spark an idea that can lead to wealth and happiness. Take time out from your busy day and read a book. Make one of the books you read be the Holy Bible.

Excerpt from Trial of The Mind, ©2008 Touched By The Light Publishing. All Rights Reserved. Touched By The Light, Inc., Ann Arbor, Michigan 48103

The Institute maintains four websites <u>www.nisv.info</u>, <u>www.touchedbythelight.info</u> <u>www.touchedbythelightliteracyprogram.com</u> <u>www.puttingwomenintouch.com</u>